

Family Owned and Operated since 1982



Breakfast Served ALL Day until 2pm

Lunch Served 11am-2pm

Monday -Saturday

Hours:

Mon-Sat 7am-2pm

Sunday 7am-1pm

Holidays 7am-Noon (Breakfast Only)

Catering Services Available

FoodworksFamilyRestaurant@gmail.com

Find us on 

(401)-683-4664



Breakfast Menu

Served ALL Day



Benedicts

served on a grilled English muffin with hollandaise sauce and a side of breakfast potatoes

Lobster

two poached eggs* & lobster meat MKT

Farmers Market

two poached eggs*, spinach, mushroom, avocado and goat cheese 13

Florentine

two poached eggs* & baby spinach 12

Traditional

two poached eggs* & ham 12

Irish

two poached eggs* & corned beef hash 13

Lox

two poached eggs*, smoked salmon, tomato, red onion & capers 15

California

two poached eggs*, avocado, bacon, & tomato 13

Portuguese

two poached eggs* & chourico patties 13

Pulled Pork Benedict

two poached eggs*, pulled pork, grilled corn bread, hollandaise, BBQ sauce 15

Specialty Omelettes

omelettes are made with three eggs and served with breakfast potatoes and your choice of toast
substitute eggwhites for \$1.5

fresh fruit may be substituted for potatoes OR toast \$2

Lox

smoked salmon, goat cheese, tomato, red onion and capers 15

California

tomatoes, avocado, bacon and cheese 13

Western

peppers, onion, ham and cheese 12

Portuguese

chourico, peppers, onion and cheese 12

Meat Lovers

bacon, ham, sausage, chourico and cheese 14

Farmers Market

spinach, mushroom, avocado and goat cheese 13

Veggie

spinach, peppers, tomatoes, onion, mushroom, broccoli and cheese 11

Foodworks Originals

Pure maple syrup available \$2

#1

two fresh eggs* any style, breakfast potatoes and a choice of toast 6

#2

two fresh eggs* any style, breakfast potatoes, a choice of meat and a choice of toast 8

#3

three buttermilk pancakes served with syrup and butter 7
add a choice of meat 4.25
add blueberries, cranberries, bananas, strawberries OR chocolate chips 1.5

#4

french toast: texas-style, sweet bread or raisin bread 7

add a choice of meat 4.25
add blueberries, cranberries, bananas, strawberries OR chocolate chips 1.5

#5

two fresh eggs* any style, two slices of bacon, two sausages, and a choice of pancakes or french toast 11
add a choice of toast 1.5

Toast Choices

white, wheat, rye, pumpernickel, raisin, English muffin, raisin scone, gluten free, or 1 slice sweet bread 1.5

Meat Choices

bacon, ham, sausage, chourico, or corned beef hash 4.25

*Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illness. *

Please Inform your server of any food allergies

Prices and availability subject to change

Breakfast



House Favorites

Sailor Sandwich

chourico patty, egg* and cheese on grilled sweet bread
served with breakfast potatoes 10

Breakfast Burrito

scrambled eggs, cheese and your choice of meat in a wrap,
served with salsa, sour cream and breakfast potatoes 11

Breakfast Sandwich

egg* and cheese on your choice of toast, or English muffin,
served with breakfast potatoes 5.5
add meat + \$1.25
on a Jamo's Bagel + \$1

Cinnamon Bun French Toast

served with your choice of meat 11

Belgian Waffle

served with butter and syrup 8
add choice of meat 4.25
add blueberries, cranberries, bananas, strawberries OR
chocolate chips 1.5

Bagel and Lox

smoked salmon, Jamo's bagel with cream cheese, tomato,
sliced red onion, & capers 12

Create Your Own Mini Special

two egg cheese omelette with two additional choices: one
pancake, choice of meat, choice of toast, OR breakfast
potatoes 10

Continental Breakfast

fresh fruit, low-fat yogurt and granola served with slice of
sweet bread 9

Grandma's Homemade Oatmeal

made with milk and sugar served with raisins and brown
sugar 6.50
walnuts 1
add blueberries, cranberries, bananas, OR strawberries 1.5

Fresh from the Farm

two fresh eggs* any style, fresh fruit and your choice of
grilled muffin 9

Avocado Toast

your choice of toast served with sliced avocado, sliced
tomato, red onion and two eggs* any style 8
add a side of bacon 4.25

Sides

Short Stack (2) Pancakes 5

with meat 4.25
with fruit 1.5

French Toast (1) 3.5

with fruit 1.5

Jamo's Bagel with cream cheese 3.50

plain, works, or specialty served toasted OR grilled

Meat 4.25

bacon, ham, sausage, chourico, or corned beef hash

Fresh Baked Muffin 3

corn, blueberry, morning glory OR seasonal

Toast 1.5

white, wheat, rye, pumpernickel, raisin, sweet bread (1), or
gluten free

English Muffin OR Raisin Scone 1.5

served toasted or grilled

Breakfast Potatoes 3

Sauteed Vegetables 4.25

Fresh Fruit Cup 4

Sliced Avocado 2.75

Yogurt and Granola 4.50

One egg* any style 1.5

Hollandaise Sauce 2

Salsa or Sour Cream 0.5

Peanut Butter or Cream Cheese 0.5

