

*Family Owned and Operated since 1982*



**Breakfast Served ALL Day until 2pm**

**Lunch Served 11am-2pm**

**Monday -Saturday**

**Hours:**

**Mon-Sat 7am-2pm**

**Sunday 7am-1pm**

**Holidays 7am-Noon (Breakfast Only)**

**Catering Services Available**

*FoodworksFamilyRestaurant@gmail.com*

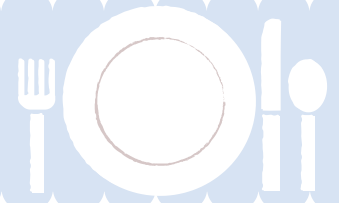
Find us on 

**(401)-683-4664**



# Breakfast Menu

Served ALL Day



## Benedicts

served on a grilled English muffin with hollandaise sauce and a side of breakfast potatoes

### Lobster

two poached eggs\* & lobster meat MKT

### Farmers Market

two poached eggs\*, spinach, mushroom, avocado and goat cheese 13.5

### Florentine

two poached eggs\* & baby spinach 12.5

### Traditional

two poached eggs\* & ham 12.5

### Irish

two poached eggs\* & corned beef hash 13.5

### Lox

two poached eggs\*, smoked salmon, tomato, red onion & capers 15.5

### California

two poached eggs\*, avocado, bacon, & tomato 13.5

### Portuguese

two poached eggs\* & chourico patties 13.5

### Pulled Pork Benedict

two poached eggs\*, pulled pork, grilled corn bread, hollandaise, BBQ sauce 15.5

## Specialty Omelettes

omelettes are made with three eggs and served with breakfast potatoes and your choice of toast

substitute eggwhites for \$2

fresh fruit may be substituted for potatoes OR toast \$2

### Lox

smoked salmon, goat cheese, tomato, red onion and capers 15.5

### California

tomatoes, avocado, bacon and cheese 13.5

### Western

peppers, onion, ham and cheese 12.5

### Portuguese

chourico, peppers, onion and cheese 12.5

### Meat Lovers

bacon, ham, sausage, chourico and cheese 14.5

### Farmers Market

spinach, mushroom, avocado and goat cheese 13.5

### Veggie

spinach, peppers, tomatoes, onion, mushroom, broccoli and cheese 11.5

## Foodworks Originals

Pure maple syrup available \$3

#1

two fresh eggs\* any style, breakfast potatoes and a choice of toast 6.5

#2

two fresh eggs\* any style, breakfast potatoes, a choice of meat and a choice of toast 8.5

#3

three buttermilk pancakes served with syrup and butter 7.5  
add a choice of meat 4.25  
add blueberries, cranberries, bananas, strawberries OR chocolate chips 1.5

#4

french toast: texas-style, sweet bread or raisin bread 7.5

add a choice of meat 4.25  
add blueberries, cranberries, bananas, strawberries OR chocolate chips 1.5

#5

two fresh eggs\* any style, two slices of bacon, two sausages, and a choice of pancakes or french toast 11.5  
add a choice of toast 1.5

### Toast Choices

white, wheat, rye, pumpernickel, raisin, English muffin, raisin scone, gluten free, or slice sweet bread 1.5

### Meat Choices

bacon, ham, sausage, chourico, or corned beef hash 4.25

\*Consumer Advisory: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of foodborne illness. \*

\*\*Please Inform your server of any food allergies\*\*

\*\*\*Prices and availability subject to change\*\*\*

# Breakfast



## House Favorites

### Sailor Sandwich

chourico patty, egg\* and cheese on grilled sweet bread  
served with breakfast potatoes 10.5

### Breakfast Burrito

scrambled eggs, cheese and your choice of meat in a wrap,  
served with salsa, sour cream and breakfast potatoes 11.5

### Breakfast Sandwich

egg\* and cheese on your choice of toast, or English muffin,  
served with breakfast potatoes 5.75  
add meat + \$1.25  
on a Jamo's Bagel + \$1

### Cinnamon Bun French Toast

served with your choice of meat 11.5

### Belgian Waffle

served with butter and syrup 8  
add choice of meat 4.25  
add blueberries, cranberries, bananas, strawberries OR  
chocolate chips 1.5

### Bagel and Lox

smoked salmon, Jamo's bagel with cream cheese, tomato,  
sliced red onion, & capers 12.5

### Breakfast Tacos (2)

scrambled eggs, bacon, cheese, avocado, pico 12  
Sub pulled pork or shaved steak +4

### Create Your Own Mini Special

two egg cheese omelette with two additional choices: one  
pancake, choice of meat, choice of toast, OR breakfast  
potatoes 10.5

### Continental Breakfast

fresh fruit, low-fat yogurt and granola served with slice of  
sweet bread 9

### Grandma's Homemade Oatmeal

made with milk and sugar served with raisins and brown  
sugar 6.50  
walnuts 1  
add blueberries, cranberries, bananas, OR strawberries 1.5

### Fresh from the Farm

two fresh eggs\* any style, fresh fruit and your choice of  
grilled muffin 9

### Avocado Toast

your choice of toast served with sliced avocado, sliced  
tomato, red onion and two eggs\* any style 8.5  
add a side of bacon 4.25

## Sides

### Short Stack (2) Pancakes 5

with meat 4.25  
with fruit 1.5

### French Toast (1) 3.75

with fruit 1.5

### Jamo's Bagel with cream cheese 3.50

plain, works, or specialty served toasted OR grilled

### Meat 4.25

bacon, ham, sausage, chourico, or corned beef hash

### Fresh Baked Muffin 3

corn, blueberry, morning glory OR seasonal

### Toast 1.5

white, wheat, rye, pumpernickel, raisin, sweet bread (1), or  
gluten free

### English Muffin OR Raisin Scone 1.5

served toasted or grilled

### Breakfast Potatoes 3

### Sauteed Vegetables 4.25

### Fresh Fruit Cup 4.25

### Sliced Avocado 2.75

### Yogurt and Granola 4.50

### One egg\* any style 1.5

### Hollandaise Sauce 2.5

### Salsa or Sour Cream 0.5

### Peanut Butter or Cream Cheese 0.5

